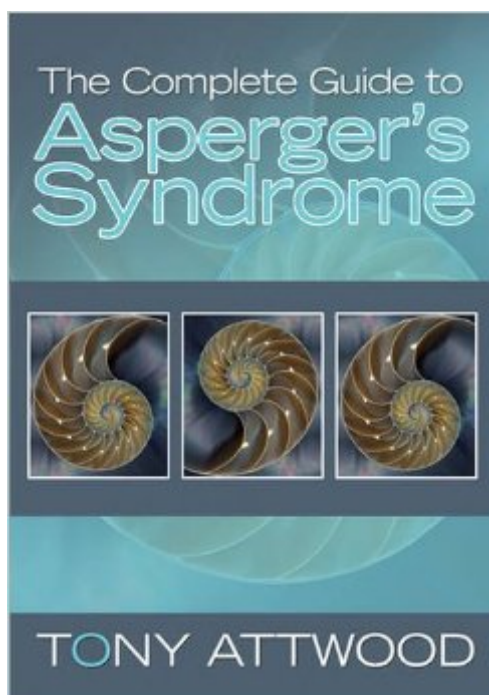


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# The Complete Guide To Asperger's Syndrome



## Synopsis

The Complete Guide to Asperger's Syndrome is the definitive handbook for anyone affected by Asperger's syndrome (AS). Now including a new introduction explaining the impact of DSM-5 on the diagnosis and approach to AS, it brings together a wealth of information on all aspects of the syndrome for children through to adults. Drawing on case studies and personal accounts from Attwood's extensive clinical experience, and from his correspondence with individuals with AS, this book is both authoritative and extremely accessible. Chapters examine: \* causes and indications of the syndrome \* the diagnosis and its effect on the individual \* theory of mind \* the perception of emotions in self and others \* social interaction, including friendships \* long-term relationships \* teasing, bullying and mental health issues \* the effect of AS on language and cognitive abilities, sensory sensitivity, movement and co-ordination skills \* career development. There is also an invaluable frequently asked questions chapter and a section listing useful resources for anyone wishing to find further information on a particular aspect of AS, as well as literature and educational tools. Essential reading for families and individuals affected by AS as well as teachers, professionals and employers coming in contact with people with AS, this book should be on the bookshelf of anyone who needs to know or is interested in this complex condition. 'I usually say to the child, "Congratulations, you have Asperger's syndrome", and explain that this means he or she is not mad, bad or defective, but has a different way of thinking.' - from The Complete Guide to Asperger's Syndrome

## Book Information

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## Customer Reviews

Tony Attwood has authored the comprehensive guide to Asperger's Syndrome (AS). It is exhaustively detailed and will appeal to those preferring a complete treatment. Attwood is a leading expert on autism spectrum disorders and well qualified to introduce this topic and explore it in depth. The first two chapters introduce Hans Asperger's early observations of children with "mild autistic personality disorder" and their unique pattern of social, emotional, and linguistic differences. He identifies AS on a continuum of natural abilities between autism and normal ("neurotypical"). The relative advantages of seeking a confirmed AS diagnosis are explored along with possible misdiagnoses such as ADHD or a mood disorder. Newly diagnosed "Aspies" may slip into one of four common compensation strategies: reactive depression, escape into imagination, denial and arrogance, or imitation of a "normal" model. Readers are acquainted with formal diagnostic criteria for AS and several scales and questionnaires useful for diagnosis. Chapters Three through Eleven discuss the distinguishing features of AS in depth. Each chapter covers research findings, individual differences, coping strategies, and AS strengths as well as challenges. AS individuals have different experiences with social understanding and friendship, teasing and bullying, "theory of mind" in understanding others, understanding and expressing emotion, hobbies or "special interests," language, cognitive ability, movement and coordination, and sensory sensitivity. The treatment of each feature is coherent and comprehensive. The summaries which follow each chapter are excellent outlines of key ideas and conclusions.

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